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SOCIAL AND EMOTIONAL LEARNING (SEL) POLICY

ACADEMIC YEAR 2025-2026

(As per National Education Policy 2020 and AICTE Guidelines)

1. Preamble

Christ the King Engineering College (CKEC), affiliated to Anna University, Chennai, recognizes the importance of Social and Emotional Learning (SEL) as emphasized in the National Education Policy (NEP) 2020. The institution is committed to providing holistic education by nurturing not only academic excellence but also emotional intelligence, ethical values, social responsibility, and mental well-being of students.

This policy establishes an inbuilt institutional mechanism to integrate SEL into academic, **co-curricular, and extracurricular activities in compliance with AICTE requirements.**

2. Purpose of the Policy The purpose of this policy is to:

- Align institutional practices with NEP 2020 provisions on holistic education
- Ensure structured implementation of Social and Emotional Learning
- Support students' emotional well-being, ethical conduct, and social engagement
- Enhance employability, leadership, and life skills among students

3. Applicability and Scope This policy applies to:

- All UG students of CKEC
- Teaching faculty
- Non-teaching staff
- Institutional committees and student bodies

4. Objectives of Social and Emotional Learning CKEC aims to:

- Develop self-awareness, confidence, and emotional regulation
- Promote empathy, respect for diversity, and inclusiveness
- Strengthen ethical values and responsible decision-making
- Enhance stress management, resilience, and mental health
- Encourage teamwork, leadership, and social responsibility
- Support career readiness and professional behavior

5. Core SEL Competencies The SEL framework at CKEC is based on the following competencies:

- Self-Awareness Understanding emotions, strengths, limitations, and values.
- Self-Management Managing stress, emotions, time, and personal goals effectively.
- Social Awareness Demonstrating empathy, respect for diversity, and civic responsibility.
- Relationship Skills Communication, collaboration, leadership, and conflict resolution.
- Responsible Decision-Making Ethical reasoning, accountability, and problem-solving.

6. Implementation Strategy 6.1 Curriculum-Based Integration Since CKEC is affiliated to Anna University, SEL is integrated through:

- Anna University prescribed courses such as:
 - Professional Ethics
 - Human Values
 - Environmental Studies
- Value-added and add-on programs on:
 - Life skills
 - Emotional intelligence
 - Stress and time management
 - Personality development

6.2 Mentoring and Counseling System

- Faculty Mentor–Mentee System to support academic and emotional needs.
- Counseling Cell to address stress, anxiety, and personal challenges.
- Identification and referral of students requiring professional support.

6.3 Co-curricular and Extracurricular Activities

- Yoga, meditation, and wellness programs
- Soft skills and leadership development workshops
- NSS activities, outreach programs, and social service initiatives
- Sports, cultural, and student club activities

6.4 Student Support and Welfare Mechanisms

- Anti-Ragging Committee
- Grievance Redressal Cell
- Internal Complaints Committee (ICC)
- Career Guidance and Placement Cell

7. Roles and Responsibilities

- Management: Provide policy approval and necessary institutional support.
- Principal:
 - a. Ensure effective implementation of SEL initiatives.

- b. Facilitate coordination among departments and committees.
- IQAC
 - a. Monitor, document, and review SEL activities periodically.
 - b. Ensure continuous improvement and compliance with AICTE & NEP.
- Faculty Members
 - a. Act as mentors and facilitators of SEL.
 - b. Encourage student participation and ethical conduct.

Students

- a. Actively participate in SEL-related activities.
- b. Demonstrate responsible behavior and social responsibility.

8. Monitoring and Evaluation SEL implementation will be reviewed through:

- IQAC meetings
- Departmental reviews
- Feedback from students and faculty will be collected.
- Records of programs, reports, photographs, and outcomes will be maintained for AICTE and NAAC requirements.

9. Expected Outcomes Improved emotional well-being and mental health of students

- Enhanced academic performance and employability skills
- Development of ethical, socially responsible graduates
- Positive, inclusive, and supportive campus environment

10. Policy Review and Amendments This policy shall be reviewed periodically based on:

- AICTE guidelines
- NEP updates
- Anna University regulations
- Institutional requirements

11. Approval and Adoption

This Social and Emotional Learning (SEL) Policy is approved by the competent authority of Christ the King Engineering College, affiliated to Anna University, Chennai, and shall come into effect from the date of approval.



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